

DELUSION OF THE MAIN CHARACTER IN “THE BLACK SWAN” MOVIE

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ABSTRACT

This study aims to analyze the types of delusions experienced by the main character in the black swan film. This research paper uses descriptive qualitative, which describes the types of delusional disorders in the film "the black swan." The research question of this paper is what type of delusional disorder found in the film "The Black Swan" is and is the dominant one used. To analyze the data, the writer applies Leeser and O'Donuhue's theory which divides the types of delusional disorder into eleven types: control delusion, the delusion of grandeur, somatic delusions, nihilistic delusion, delusional jealousy, the delusion of guilt or sin, delusional thoughts are reading, reference delusion, erotomaniac delusion, the delusion of persecution, and religious delusion. The data of this research are conversations in the script of the film "the black swan". The results of this study indicate that there are three types of delusions, namely somatic delusions, jealousy delusions, and erotomaniac delusions.

Keywords: *Descriptive Qualitative, "The Black Swan" Movie, Delusion, Types of Delusion, Leeser and O'Donuhue's Theory*

INTRODUCTION

. Psychology is a science that specifically studies and explores thinking and behavior in humans. Psychology is derived from the Greek word “Psychology”, which is a combination of the words” *psyche*” and” *logos*”. *Logos* means knowledge and *Psyche* means soul. Psychology is classified as a soul science in a strict sense. The term *psyche* or soul is still difficult to define and describe because the soul is an object that is difficult to define, its shape is difficult to see, even though its existence is recognized and cannot be denied .” Psikology is a well-known department among students and the public, a topic that is often discussed or well-known in the public media and is a part of our daily lives" (Stangor, 2009: 3). According to Endaswara (2011: 96), "literary psychology is the study or science of literature that defines the work as a psychological activity. The writer wants to take advantage of creativity, taste, and emotion in his work". Literary works which are interpreted as psychological signs will show the psychological part of using actors if accidentally the text is in the form of a prose drama. Literature is the embodiment produced by someone as a result of overflow or expression of feelings, imagination, images, and others with a specific purpose. Literature is all the things we create or write using language. "Literature is a written result such as poetry, novels, essays, etc. Works characterized by a meaningful quality of stylistic expression and themes of general interest. One sample of literary growth is a film" (Teew, 2003:10). According to Hornby (2005: 573)," film is a collection of moving images recorded through sound that explains a story, shown on television or in cinemas". According to Mckernan (2005: 09) "film is an extraordinary time technology capable of presenting extraordinary entertainment knowledge". The film is believed to be a useful art form because it is an instrument of communication, a popular source of entertainment, and an effective educational and teaching design. Along with pictures and sound, this film tries to tell a lot when time is short. Films are drawn into various genres that we are likely to find, such as comedy, horror, romantic, and others. Psychological Thriller is one part of the genre that we encounter most often and is well known. Hutchings (2009:26) suggests

that "various films that are labeled as psychological thriller genre will usually lead to a narrative in a set setting where the action is suppressed and where the sensation is given through psychological examination of the main character". The distinguishing characteristic of psychological thrillers is the real affirmation of the mental states of the characters: their general views, ideas, deviations, and hard work to find out the truth. -etc. In literary psychology, delusion is one of the psychological disorders suffered by a person in which the person has difficulty distinguishing what is real and what is not. Character is a trait or character that is admired as a sign of one's goodness, virtue, and moral maturity. Etymologically, the character comes from the Latin character, character, psychological nature, character, personality, and morals." Character is an important part of literary works because it is by the person as an individual in the world" (Jannidis, 2013). A character has an identity that can be shown to the audience through appearances, conversations, actions, etc. created by the writer to represent the message through the character. According to Baihaqi (2005:101-105) "Delusions are false beliefs or beliefs that have nothing to do with reality". They are beliefs that are not shared with people in one's culture or religion. For example, belief about us is accepted if we believe in Voodoo or Pentecostalism; however, in other social situations, such beliefs would be viewed as delusional.

One of the films of the psychological thriller is *The Black Swan*. The film was published in 2010 by director Darren Aronofsky and written by Andres Heinz. *The Black Swan* tells the story of Nina Sayers (Natalie Portman), a dancer at a New York ballet studio, who is preparing for a Swan Lake Tchaikovsky concert. It all started with Thomas Leroy (Vincent Cassel), the artistic director of the New York Ballet Studio. News to all ballerinas that there will be a big show. Thomas wanted a ballerina who could play multiple roles as a White Swan with a graceful character and a Black Swan with a sensual signature. The character search for both roles began with auditions. Nina Sayers who dedicated her life as a dancer tried her best to be selected. However, Thomas the artistic director considered that Nina was only able to bring to life one character, namely the White Swan, and was not suitable to be the Black Swan. Thomas's perfectionist nature makes Nina feel so depressed that she suffers from hallucinations and high delusions all the time. Changes and temperament make Erica (Barbara Hershey) Nina's mother anxious to the point of being overprotective. This psychological disorder is inevitable in Nina until she is haunted by evil thoughts that demand that she immerse herself completely in the dual role of White Swan and Black Swan.

The Scope of the Study In this research the writer will discuss the delusional mental disorder experienced by the main character, namely Nina Sayers in the film *The Black Swan* by Darren Aronofsky. In the research or analysis process, the writer uses the theory from Leeser and O'Donohue (687-694: 1999) about the types of delusions and the writer will also explain the causes of the delusions experienced by the main character in Darren Aronofsky's *Black Swan* film. The writer's purpose in analyzing the topic of this research is to provide information about the types of delusional disorder and the causes of delusional disorder experienced by the main character in Darren Aronofsky's *black swan* film. In addition, the writer also wants to provide new insights or knowledge to readers or students who later need information about the delusional disorder and its causes through the main character Nina Sayers in Darren Aronofsky's *Black Swan* film. There have been several previous studies that also discuss and relate to this topic, but the writer feels that this research still uses old theories and also objects of study that have been studied for a long time. the same but the writer uses more recent theories and also the writer will examine the object of the film which is new and has not been widely studied.

METHOD

This study uses a descriptive qualitative which is designed to describe the survey case in words or sentences rather than numbers. According to Taylor, Bogdan, & DeVault (2016, p. 7), qualitative

methodology refers to research that produces descriptive data such as people's own written or spoken words and observable behavior. Nazir (2003) states that qualitative descriptive methods are a method used to create a descriptive situation, level, or collect primary data. This statement means that research finds pieces of evidence to prove the truth of a particular theory but does not intend to look at new approaches. The analysis describes the types of the delusional disorder according to Leeser and O'Donuhue's theory. Qualitative research is a form of research conducted by analyzing the data obtained from the research results. This research produces data in the form of words or utterances and quotes from sentences in the text *Barbie and The Magic of Pegasus*. Moleong (2014) states, that qualitative research method are research that intends to understand what phenomena are experienced by research subjects such as behavior, perception, motivation, action, and so on. This research ultimately produces descriptive data in the form of writing, words, and sentences.

Participant

In this research, the writer will use the script of *The Black Swan* as a research data source. *Black Swan* is a 2010 American mystery thriller drama film directed by Darren Aronofsky and produced by Mike Medavoy, Arnold W. Meeser, Brian Oliver, and Scott Franklin. The film was written by Mark Heyman, Anrez Heinz, and John McClaughlin, while the story was written by Andres Heinz. The film stars Natalie Portman, Vincent Cassel, Mila Kunis, Barbara Hershey, and Winona Ryder. The film *Black Swan* received positive reviews from critics. rotten tomatoes, this film has a rating of 87% based on 282 reviews with an average rating of 8.2/10.

Materials

The research data were taken from the black swan film, the black swan film script, and the internet. The writer collects data related to this writing from films, film scripts, and the internet and then can be processed and analyzed to produce a result that will be presented to later be used as a reference for further research and for people who need it.

RESULT

No	Type	Data
1	Somatic delusion	29 Int. Apartment Bathrooms - Night 29 (datum 1) <i>".....Post-shower, Nina's fuzzy reflection stares back in a steam-covered mirror. Nina takes her hand and wipes a streak across, to see herself more clearly. She looks nervous. The enormity of what's in front of her set in. She turns side-to-side, scrutinizing her body. She lifts her arm and pinches the skin to check her weight. She notices a small cluster of red bumps on her shoulder. A small rash. She feels the bumps with her fingers, bothered. She checks the same place on her other shoulder. There's no rash, just faint streaks of scar tissue. Nina slides the hamper in front of the door to block it. In the mirror now, one of the bumps is scratched and bleeding. Nina quickly wipes the blood off with her finger. The sound of the front door opening steals her attention....."</i>
	Somatic delusion	36 Int. Living Room, Patron Of The Arts Apartment - Later 3 (Datum 2)

		<p><i>“..... party guests surround Nina and Leroy, trying to meet the company's newest star. Nina basks in all the attention...”</i></p> <p>Leroy : Dr. Brinson and his lovely wife, Ellen, tonight sponsors. She shakes Dr. Brinson's hand and curtseys to Mrs. Brinson.</p> <p>Nina : Such a beautiful event.</p> <p>Mrs. Brinson : Not as beautiful as you, dear. (Nina demurs. They're replaced by another husband and wife.)</p> <p>Leroy : And this is Mr. and Mrs. Stein. (Nina repeats the pleasantries, this time noticing that one of her cuticles is bleeding. She awkwardly pulls her hand away. Leroy leans in and whispers in her ear.</p> <p>Leroy : Relax, you're doing great.</p>
	Somatic delusion	<p>52a Int. Apartment Bathroom - Night 52a (datum 3)</p> <p><i>“...Nina lies in the bath, eyes closed, concentrating. Her body jostles slightly, moving her hand between her legs, seeking release. Growing frustrated, she moves more and more aggressively. She abruptly stops and submerges herself under the water, defeated. She lies still, her arms wrapped around her chest. She opens her eyes, her vision distorted by the water. Suddenly, her blurred Double appears, staring down at her. Nina shoots up. The Double is gone. Nina scans the bathroom, but she is alone. Nina notices some water dropping off her fingers, onto the lip of the tub. Then a few drops of red land on the white porcelain. Worried, she examines her fingernails, which have started to grow back. She discovers blood and bits of skin”</i></p>
		<p>“.....88 Int. Hospitals - Night 88 (datum 4)</p> <p>Nina : I'm so sorry. Beth begins touching the objects, vaguely remembering.</p> <p>Nina : I didn't mean to make you feel this way. It's happening to me now. She's trying to replace me. Beth sees the earrings and it all clicks in.</p>

		<p>Beth : You stole all these things?</p> <p>Nina : I just wanted to be like you. Perfect. Beth shoots Nina a dark look and turns away.</p> <p>Beth : I'm not perfect. I'm nothing.</p> <p>Nina : It's not true.</p> <p>Beth : Fucking nothing! Beth grabs the Emory board and stabs herself In the face.</p> <p>Beth : Nothing! Nothing!!!</p> <p>Nina : Beth?! Nina spins Beth around. She is now a bloody version of the double! She continues stabbing herself. Nina grabs the double's hand and struggles to restrain her. Double nothing!</p> <p>Nina : Stop it! Stop! The Emory board stabs into Nina's arm. Nina rushes from the room.....”</p>
		<p>“....93 Int. Bedrooms - Same 93 (datum 5)</p> <p><i>Nina closes the door. Sticks in the broken piece of wood. A pain shoots through her shoulder. She screams, instinctively reaching for it. She quickly yanks off the sweater and looks at the vanity mirror. Her back pulsates unnaturally. Tiny black tips poke through. The door opens and catches on the doorjamb. Erica starts pounding.</i></p> <p>Nina : Go away! She digs into the open bump on her shoulder with her fingernails.</p> <p>Erica : open the door!!! Erica violently pushes and pulls, jostling the piece of wood. Nina concentrates and takes hold of the growth and yanks. Blood vessels in her eyes explode, making the white turn reddening looks at the object held in her fingers: a sharp, tiny black spine like that of a sea urchin. Damp, feathery wisps hang off of tithe door flings open. Erica rushes In and finds Nina half-naked, her skin inflamed.</p>

		<p>Erica : oh my god...Nina starts forcing her out the door. Erica pushes back.</p> <p>Erica : stop, you're sick!</p> <p>Nina : Get out! She manages to get her out the door.</p> <p>but Roth Bart's hand grabs the door frame. Nina slams the door, smashing the hand. Erica screams in pain. Nina slams the door again, and again. The hand now human, she finally gets the door all the way shut. She steps away from it, nervous...she looks down, and sees one of her knees snap backward, like that of a bird. Then the other knee snaps back. Nina stumbles and falls and slams her head into the radiator. (smash to black).....”</p>
		<p>“...107 Int. Principle's Dressing Room - Same 107 (datum 6)</p> <p>Nina : Leave me alone. Leave me alone.</p> <p>Double (In Mirror) : But it's my turn. Nina's fury rises from inside.</p> <p>Nina : Leave me alone!!! She charges...And smashes her into the Wall length mirror, shattering it. Shards fall everywhere. The Double flips Nina over and wails on her. Punch after punch. Nina does her best to block the slaughter. They scuffle, knocking things over and bumping into walls. The double gets her hands around Nina's neck...Gasping for air, Nina tries to pull her hands free, but she's too strong, her hands frantically scramble along the surface of the floor. The fingers barely touch the edge of a mirror shard, but can't grasp it. The Double squeeze down, the blood vessels in Nina's eyes burst again. Her neck starts to stretch unnaturally. Strength surges through her body and she</p>

		<p>lunges...Finally grabbing the shard and drives it into the Double's stomach. Nina glances at her hand, cut by the mirror, then back up. The double is now Lily. Stunned, Lily looks down and touches the stab wound.</p> <p>Nina : It's my turn. Lily coughs up blood and collapses, dead. Nina stares at her, breathing heavily, high on adrenaline, a knock on the door.</p> <p>Stage Manager : Black Swan, places in 5. Nina drags the stiffening body into the wardrobe closet....”</p>
	Jealously type	<p>“....34 Int. Backstage Hallway - Day 34 (datum 7)</p> <p>.....Nina takes a drink from the water fountain. She hears music emanating from the large rehearsal studio. Curious, she walks to the open doorway and stops to watch. Corps members and a few soloists form two lines on both sides of the room. In the middle, Veronica dances along with Lily. Nina pays close attention to Lily, sizing her up. Her dancing is explosive and exudes sex.</p> <p>Leroy : Watch the way she moves... Leroy has snuck up behind Nina at the doorway gets very close to her.</p> <p>Leroy : Imprecise, but sensual. She's not faking it. Pay attention. Lily makes a small mistake, but cracks up laughing, amused rather than bothered by her blunder. Nina stares at her, attracted and threatened....”</p>
		<p>C84 Int. Backstage Hallway - Day C84 (datum 8)</p> <p><i>Nina chases after Leroy, in mid-conversation with the stage manager and two stagehands.</i></p> <p>Nina : Thomas! He stops and faces her.</p> <p>Nina : She's trying to replace me.</p> <p>Leroy : (to stage manager,</p> <p>Stagehands) : Go ahead. I'll catch up They continue walking.</p> <p>Leroy : What's going on?</p>

		<p>Nina : Lily... You made her my alternate.</p> <p>Leroy : There's always an alternate, you know that. Lily's the best choice.</p> <p>Nina : She wants my role.</p> <p>Leroy : Every dancer in the world wants your role.</p> <p>Nina : No, she's different. She's after me. She's trying to Replace me.</p> <p>Leroy : Nina...</p> <p>Nina : Please believe me. He studies her for a moment, not sure what to make of this.</p> <p>Leroy : Listen, I know it's been a struggle. But you had a breakthrough this morning. Nina starts to speak, he holds up his hand to silence her.</p> <p>Leroy : Tomorrow is yours. Give a great performance, and you won't have to worry about Lily, or anyone else.</p> <p>Nina : Thomas-</p> <p>Leroy : No more. Go home and rest. Shut down, she watches him walk away.....”</p>
		<p>“.....87 Int. Wings - Same 87 (datum 9)</p> <p><i>It's pretty dark but the sound is unmistakable: two people going at it. Nina tiptoes past some off-stage sets and lighting equipment. And peeks around a piece of scenery...Catching a glimpse of Leroy fucking Lily further backstage. She's wild, clearly enjoying it. Nina looks away, disgusted. She peeks back one more time. Leroy has become the demon Roth Bart, ravishing the Double. She meets Nina's eyes and smiles. Nina jumps back, knocking into a piece of the set. The lovemaking pauses at the sound. Nina flees.</i></p> <p>A88 Int. Principal Dressing Room - Night A88</p> <p><i>“.....Nina runs in and quickly jams her belongings into her bag. She notices her reflection in the mirror and removes her diamond earrings. Then gathers the other trinkets sitting on the counter and puts them all inside her bag....”</i></p>

		<p>“....107 Int. Principle's Dressing Room - Same 107 (datum 10)</p> <p>Nina : Leave me alone. Leave me alone.</p> <p>Double(In Mirror) : But it's my turn. Nina's fury rises from inside.</p> <p>Nina : Leave me alone!!! She charges...And smashes her into the wall-length mirror, shattering it. Shards fall everywhere. The Double flips Nina over and wails on her. Punch after punch. Nina does her best to block the slaughter. They scuffle, knocking things over, bumping into walls. The Double gets her hands around Nina's neck...Gasping for air, Nina tries to pull her hands free, but she's too strong. Her hands frantically scramble along the surface of the floor.</p> <p>the fingers barely touch the edge of a mirror shard, but can't grasp it. The double squeeze down. The blood vessels in Nina's eyes burst again. Her neck starts to stretch unnaturally. Strength surges through her body and she lunges... finally grabbing the shard and driving it into the double's stomach. Nina glances at her hand, cut by the mirror, then back up. The Double is now Lily. Stunned, Lily looks down and touches the stab wound</p> <p>Nina : It's my turn. Lily coughs up blood and collapses dead. Nina stares at her, Breathing heavily, high on adrenaline. A knock on the door.</p> <p>Stage Manager : Black Swan, places in 5. Nina drags the stiffening body into the wardrobe closet...”</p>
3	Erotomania	“.....72a Int. Nina's Bedroom - Same 72a (datum 11)

		<p><i>She grabs the broken piece of wood from the dresser and jams the door. She backs Lily away, preparing for the storm.</i></p> <p>Nina : Don't come in here! Erica tries to open the door, but it gets stuck. She peers her eye through the crack.</p> <p>Erica : What's this?</p> <p>Nina : It's called privacy! I'm not fucking twelve years old anymore! Erica struggles a little with the door, but can't get it to budge.</p> <p>Erica : You're not my Nina right now!</p> <p>Nina : LEAVE ME ALONE!!! Nina shoves the door shut. Erica's footsteps retreat, followed by the SLAM of her bedroom door.</p> <p><i>"72B Nina is worked up, breathing hard. 72B"</i></p> <p>Lily : Whoa...Nina turns around and sees her double smiling at her. Nina flees to the door and pauses. She peeks back and sees that it's Lily. Relieved, she grabs Lily and kisses her, revved up. Lily responds with equal force. They claw at each other, passion exceeding coordination. Lily pulls Nina's shirt off and throws her onto the bed. She straddles Nina, who looks up at her carnivorously. Lily takes her top off, plunges, and, kisses Nina. Nina flips Lily over, and becomes the dominant one."</p> <p>75 Int. Backstage - Day 75</p> <p>Lily : Yeah...</p> <p>Nina : And took off this morning.</p> <p>Lily : This morning?</p> <p>Nina : Yeah, you slept over.</p> <p>Lily : Uh, no unless your name's Tom and you have a dick.</p> <p>Nina : But we...Nina stops her.</p> <p>Lily : We what, Nina? Lily can read something on her face.</p>
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		Lily	: What, you have some kind of lezzy wet dream? Nina glances at the dancers, nervous they've heard.
		Nina	: You're lying.
		Lily	: Oh my god, you fantasized about me..."

DISCUSSION

Based on the results of the writer's analysis of the black swan film script, it was found that twelve datums indicated the existence of delusional disorders in the black swan film. Leeser and O'Donohue (1999) state that there are eleven types of delusions, they are control delusion, the delusion of grandeur, somatic delusion, nihilistic delusion, the delusion of jealousy, the delusion of guilt/sin, the delusion of thoughts are reading, reference delusion, erotomaniac delusion, the delusion of persecution, and religious delusion. The writer uses this theory because the writer considers this theory to be more complete and varied than Munro's (1999) theory which states that there are only five types of delusions, they are erotomaniac type, grandiose type, jealous type, persecutory type, and somatic type. The three types of delusional disorders found by the author are somatic delusions (delusions whose contents are related to bodily sensations. Usually, a false belief is that the body somehow hurts, itches, or changes), jealousy type (a person with this type of delusional disorder believes that his or her partner or sexual partner is unfaithful, overly possessive, and overly suspicious), Erotomania (a type of delusion in which the affected person believes that another person, usually a famous person is in love with him or her).

CONCLUSIONS

After doing research, it can be said that delusional disorder is a mental disorder that is quite dangerous whereas we know that delusion is a belief where sufferers find it difficult to distinguish which ones are real and which ones are not the real will of course hurt the sufferer. There are many types of delusional disorders based on the theory of Leeser and O'donohue (1999), but after conducting research the author only found three types of delusions in the black swan film, three of which are: (a) Somatic delusions (which are shown when Nina sees a rash, a red rash on her body and feels pain when she sees her nail cuticles tear even though it doesn't happen), (b) Jealous type (shown when Nina looks on and feels pain when she catches Leroy and Lily making out even though this doesn't happen) and (c) Erotomania (shown when Nina senses that Leroy and Lily fell in love with him even though she wasn't.)

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